



क्रमांक: F4(VIVIDH)CCE/ 2024-13761 /

प्राचार्य,
समस्त राजकीय महाविद्यालय
राजस्थान।

विषय:- भारत के माननीय प्रधानमंत्री द्वारा शुरू किये गए 'Desh Ka Prakriti Parikshan Abhiyan'
को आयोजित किये जाने के संबंध में।
संदर्भ:- राष्ट्रीय आयुर्वेद संस्थान के पत्र क्रमांक No.F.1(DKPP)SK/NIA/2024 दिनांक 17.12.2024।

महोदय,

उपर्युक्त विषयान्तर्गत संदर्भित पत्र के क्रम में लेख है आयुष मंत्रालय, भारत सरकार, भारतीय चिकित्सा पद्धति के राष्ट्रीय आयोग (NCISM) के सहयोग से 26 नवम्बर 2024 से 25 दिसम्बर 2024 तक Desh Ka Prakriti Parikshan Abhiyan (देश का प्रकृति परीक्षण अभियान) का आयोजन कर रहा है।

अतः प्रदेश के राजकीय महाविद्यालय के प्राचार्यों को निर्देशित किया जाता है कि वे संलग्न पत्र के अनुसार राष्ट्रीय आयुर्वेद संस्थान, जयपुर से संपर्क कर महाविद्यालयों में 25 दिसम्बर 2024 तक "देश का प्रकृति परीक्षण अभियान" को आयोजित किया जाना सुनिश्चित करें।

यह सक्षम स्तर से अनुमोदित है।

(प्रो. विजय सिंह जाट)
संयुक्त निदेशक (अकादमिक)

प्रतिलिपि निम्न को सूचनार्थ एवं आवश्यक कार्यवाही हेतु:-

1. निजी सचिव, आयुक्त, कॉलेज शिक्षा, राजस्थान जयपुर।
2. निजी सचिव, अतिरिक्त आयुक्त, कॉलेज शिक्षा, राजस्थान, जयपुर।
3. वेबसाइट प्रभारी, आयुक्तालय कॉलेज शिक्षा, राजस्थान, जयपुर को अपलोड करने हेतु।
4. रक्षित पत्रावली।

(प्रो. विजय सिंह जाट)
संयुक्त निदेशक (अकादमिक)

Signature valid



Digitally signed by Vija Singh Jat
Designation: Joint Director
Date: 2024.12.19 22:53:09 IST
Reason: Approved



राष्ट्रीय आयुर्वेद संस्थान

मानद विश्वविद्यालय (डी-नोवो)
(आयुष मंत्रालय, भारत सरकार)



NATIONAL INSTITUTE OF AYURVEDA

Deemed to be University (De-novo)
(Ministry of AYUSH, Govt. of India)

No.F.1(DKPP)SK/NIA/2024

11/10 (SPS/CCE)

Dated 17-12-2024

The Commissioner (College Education)

Commissionerate of College Education
Dr. S. Radhakrishnana Shiksha Sankul,
Jawahar Lal Nehru Marg, Jaipur

Academic
For NA
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17/12

Subject: Request for Permission to Organize the Desh Ka Prakriti Parikshan Abhiyan launched by Hon'ble Prime Minister of India.

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Respected Sir,

With due respect, I wish to inform you that the Ministry of AYUSH, Government of India, in collaboration with the National Commission for Indian System of Medicine (NCISM), is organizing the 'Desh Ka Prakriti Parikshan Abhiyan' from 26th November 2024 to 25th December 2024. The primary objective of this campaign is to promote health awareness, help the individuals in understanding their Prakriti (Body Constitution), and encourage them to adopt a healthy lifestyle. This Mega Program is launched with the blessings of Hon'ble Prime Minister of India, Shri Narejdra Modi.

As a premier Institution of Ayurveda, the National Institute of Ayurveda, Jaipur, is actively participating in this Campaign. Through this initiative, the Prakriti of the Citizens of Jaipur will be assessed using Ayurveda's Scientifically Validated Methodologies. Participants will be guided to identify their Unique Body Constitution and its impact on their overall health and well-being.

The campaign will utilize a dedicated Mobile Application, where participants will answer 22 Questions related to their Body and Lifestyle. Based on their responses, their Prakriti will be determined. Additionally, participants will receive personalized dietary and lifestyle recommendations aligned with their Prakriti. A digital certificate of their Prakriti will also be provided, which can serve as a reference during future consultations at Ayurveda centers.

This initiative aligns with the vision of **Healthy India** as envisaged by Hon'ble Prime Minister Shri Narendra Modi and aims to disseminate the benefits of Ayurveda to a larger population across urban and rural areas.

We humbly request your good-self to kindly issue necessary instructions to all Colleges under your control to host this Campaign in their Campus. Teams of trained Medical Professionals from our Institute will conduct the activities, ensuring that regular operations remain undisturbed in the Colleges.

Your support and collaboration will be invaluable in making this campaign a success and in spreading the benefits of Ayurveda to a broader audience. We look forward to your positive response and permission to organize the **Desh Ka Prakriti Parikshan Abhiyan** in your esteemed Organisation.

Thanking you in advance for your kind consideration and support.

Yours faithfully,

(PROF. SANJEEV SHARMA)
VICE-CHANCELLOR

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